

# VegNews

## VegNews Daily

Vegan. Think. Eat. Thrive.™

## Travis Barker Talks Veganism

By [Hilary Pollack](#) | October 4, 2011



In a recent interview, Travis Barker reveals that he decided to adopt a vegan lifestyle after nearly dying in a plane crash.

Blink-182 drummer Travis Barker has opened up about his decision to go veg in a new interview with *Rolling Stone*. Barker, who was eating “fake meat” and broccoli during the tell-all, said that he decided to reevaluate his priorities and go vegan after he nearly died in a 2008 plane crash that took the lives of four others and critically injured his friend and collaborator DJ AM. “It’s another eye opener,” the rocker says about his vegan lifestyle in the interview. “It changed my life in a number of ways... In the hospital, I promised myself that I [if] ever walked again, that I would eat well and swim every day.”

© 2008-2014 All Rights Reserved, VegNews. Branded by our vegan friends at Vertebrae